

PLAYING REGULATION – GHAC Boys Football

- 1. AGES:** All competitors must meet the current OFSAA age requirements as per the OFSAA Age Classification Policy.
- 2. EVENTS:** There will be a competition for a GHAC Senior Champion as per the GHAC Competitive Structure, Appendix II
- 3. Eligibility:** All competitors must meet the eligibility requirements as per the Article XI, Section I of the GHAC Constitution.
- 4. Entries:** The number of association entries is determined by the Golden Horseshow Bowl Convenor on an annual basis.
- 5. Rule Book:** Canadian Inter-Collegiate Football rules will govern play unless specified in this playing regulation below.
- 6. Officials:** The officials will be that of the highest level possible. For the GHAC Championship game, there will be 5 on-field officials and 3 sideline officials (Stick Crew) provided.
- 7. Uniforms:** Should a conflict occur in uniform colours, the host association will provide one set of white jerseys to be worn by Hamilton when games are in even years, and Halton when games are in odd years.
- 8. Starting Time:** As per arrangements, through the GHAC convenor.
- 9. Awards:** A GHAC Plaque will be awarded to the Champion of GHAC in each GHAC Championship game
- 10. General Regulations:**
 - A) No limit to the number of players dressed for the game as long as every player can be properly and safely equipped while playing.
 - B) Procedures:
 - 1) Games will consist of 12 minute quarters with 3 minutes of stop time at the end of each half. A staff member or referee should be assigned the duties of chief timer.
 - 2) The game ball will be a Canadian Football (Wilson CFL or CIS branded ball).
 - 3) A coin toss will be held to determine 1st choice of possession. (kick, return, end or defer)

- 4) The referee has the right to take the watch from the chief timer.
- C) Overtime: If the game is tied at the end of regulation time, a CFL style tie breaking method will be used.
- D) Headsets and Phones: Each team will assume complete responsibility for providing and maintaining their own headsets and phones. If one team forgets theirs or they become inoperative, the opposing team will still be allowed to use theirs.
- E) Video: Teams will face no restrictions in terms of videotaping opponents games, however, videotaping opposing teams' practices is prohibited.
- F) Any player or coach ejected from a GHAC Championship game will be automatically prohibited from dressing for and participating in the next scheduled game.

11. Safety: A qualified medical person must be in attendance before the game can begin. The host convenor shall provide this care.